



Introducing Approved Medical Solutions Clean Ketone™ Hydration Concentrate

EXOGENOUS KETONE BENEFITS

Manage Inflammation: Ketone bodies have been shown to have anti-inflammatory properties, which could be beneficial in managing many conditions.

Rapid Ketosis Induction - Quick Energy Source: Exogenous ketone esters can quickly elevate blood ketone levels, providing an immediate source of energy without a ketogenic diet.

Enhanced Fat Burning: By inducing ketosis, ketone esters help in promoting fat oxidation, aiding in weight loss efforts.

IMPROVED ATHLETIC PERFORMANCE

Increased Endurance: Ketone esters provide an alternative energy source during endurance activities, helping to preserve glycogen stores and delay fatigue.

Reduced Lactic Acid Production: Some studies suggest that ketone esters can reduce lactic acid buildup, improving exercise performance and recovery.

Mental Clarity and Focus: Ketones are a potent fuel for the brain, potentially improving cognitive function, focus, and mental clarity, particularly in low-glucose states.

Neuroprotection: Ketones may offer benefits against neurodegenerative issues by providing an alternative energy source to the brain and reducing oxidative stress.

NEUROLOGICAL SUPPORT

Neurodegenerative Management: There's growing interest in ketones' role in managing neurodegeneration.

WEIGHT MANAGEMENT

Appetite Suppression: Ketone esters reduce appetite, making it easier to adhere to calorie-restricted diets or fasting protocols.

Metabolic Flexibility: They help the body switch between using carbohydrates and fats more efficiently, supporting metabolic health.

BLOOD SUGAR REGULATION

Improved Insulin Sensitivity: Ketone esters help in regulating blood sugar levels.

Faster Recovery Post-Exercise: By reducing oxidative stress and managing inflammation, ketone esters can accelerate recovery after intense exercise.

Nutrition Facts

Servings Per Container: 168
Serving Size: 1 gram (1 tsp)

Amount Per Serving

Calories **0**

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2.9mg <1%

Total Carbohydrates 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Added Sugars 0%

Protein 0g

Vitamin D 0mg 0%

Calcium 3.3mg <1%

Iron 0mg 0%

Potassium 4.6mg <1%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Filtered water, R-3 Hydroxybutyrate Glycerides, Natural Flavors, less than 1% of Citric Acid, Stevia Leaf Extract, Sodium Hexametaphosphate, Potassium Sorbate, Ester of Wood Rosin.

POTENTIAL LONGEVITY BENEFITS

Mitochondrial Health: Ketone esters may support mitochondrial function, which is linked to longevity and improved cellular health.

SUPPORT DURING FASTING

Rapid Ketosis: Exogenous ketones can induce ketosis within minutes, bypassing the need for carbohydrate restriction or extended fasting.

Approved Medical Solutions (AMS) Clean Ketone Hydration Concentrate contains nature-identical ketones that you can simply drink. These ketones will provide the same fuel as those produced through the keto diet.

What's unique about the AMS exogenous Ketone formula?

- **Does NOT contain "1,3 butanediol"**
(a secondary alcohol or ethanol alcohol)
- **Does NOT contain Ketone Salts**
- NO sugar or caffeine
- Plant Based
- Patented Nanoencapsulation process that improves ketone efficacy.
- **Ages 4 and up. (Ketone supplements containing "1,3 butanediol" can not be taken under the age of 18.**

Can also be consumed as an accompaniment to the Keto Diet. Some people use it as insurance to keep themselves in ketosis even if they accidentally consume a few extra carbs.

Exogenous Ketone Benefit Studies

- **Heart health:** improves cardiac efficiency by 36% versus glucose alone.
- **Brain health:** shown to improve brain network stability by 87%.
- **Weight management:** decreases appetite by lowering ghrelin by 17%.
- **Cognitive health:** evidence that ketone supplementation may provide benefits in Alzheimer's patients.

Scan QR code
to see the links
to the above studies!



PRODUCT	UNITS
Clean Ketone Hydration Concentrate	2 fl. ounces
Clean Ketone Hydration Concentrate	28 fl. ounces